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**Not blaming creates peace, but the unconditional acceptance of one's own responsibility.**

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**Introduction**

The last war that led to peace was the 2nd World War. It was therefore a so-called just war. Since then, all wars have led to chaos, they never solved a problem. Why? Again and again, we fall into the trap of blaming others for grievances. This attitude is as understandable as it is destructive. With the start of a new war, it becomes clear once again how futile it is to try to bring about peace by force of arms. The winners are always those who have sown discord in the background. Those who want to break the diabolical cycle must lower the rifle aimed at others and start with themselves in the search for those responsible.

Maybe, I sit there peacefully. My world is in order. Suddenly, it comes crashing down on me. Out of the blue, someone attacks me. Completely unprovoked. This is how most people feel when they get into a conflict. One has done nothing. The other person started it. He did not behave properly. He is the one who crosses our boundaries, hurts us, wrongs us. While we blame our counterpart for having made a mistake, we rub our hands together in suppression of our own influence.

As children, we ran to mom or dad in such cases. As adults, we have often not learned to take responsibility for our own actions. We put the measure where we stand best. After all, we are only defending ourselves. The aggressor is always the other. In this way, we deprive ourselves of the justification to bring the sharpest weapons into the field, which cause harm to everyone involved, including ourselves.

**Who was the chicken, who was the egg?**

Many voices describe the attack by Palestinian Hamas on Israel as "unprovoked," as if there were no reason to protest Israel's foreign policy. Again, the goal of this conflict is not to bring about peace. It is, according to former Prime Minister of Israel Ehud Barak, about winning a war (1). What then?

Where it leads to always producing new victors and defeated, always new victims who in turn become new attackers, we can see if we just look around. Those who focus on the guilt of the other without including their own behavior end up in a dead end.

Just as there is no answer to the question of whether the chicken or the egg came first, we will not find peace by

pointing the finger at others and taking things out of their contexts. Even though we may imagine it: Nothing just happens. Everything has a back story. Everything has a terrain that is more or less receptive.

**War does not bring peace**

It is our thinking that contributes to the fact that the world does not find peace. As long as we think that struggle, violence, and oppression are the human condition, as long as we think that wars have always existed and will always exist, as long as we imagine that the good guys are on one side and the bad guys on the other, nothing will change.

We are getting deeper and deeper into wars and conflicts. "Progressive social and technological developments, such as unmanned drones, the use of biological weapons or cyberwarfare as warfare in the digital space," according to the online platform Statista, "thereby pose new challenges on the way to a peaceful world" (2).

The misconception that peace can be brought about by wars feeds on our view of the world. Do we not live in a world of opposites, in which peace needs war, as it were, just as light needs darkness? Don't the stars only become visible on a black background? Does not the day need the night and the summer the winter? Does not every beginning also have its end?

**Pseudo-opposite pairs**

In a cyclically oriented world, the opposites complete themselves. Birth is followed by death, becoming by passing away. Together they make up life. But does tenderness need violence? Does love need fear? Does the good need the bad to become recognizable? Does truth need the lie? Do we need the feeling of abating pain to be able to feel happiness? Does light need darkness?

The flame of the candle, according to the Veda researcher and philosopher Armin Risi, does not need darkness to exist (3). Nor do the stars need the black firmament. It is our perception that needs it. We cannot recognize the one without the other. Thus, it is not the natural order, but our view of things that leads us to think that peace needs war like day needs night.

It testifies to spiritual confusion to bring together what does not belong together. Whereas in the natural order, couples

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complement each other, in the artificial order they exclude and destroy each other. Love is not made complete by fear and violence. Peace is not brought about by war. War begets war begets war... However: the water defeats the stone, it just needs enough time.

## Annihilation?

In a living world, opposites complete each other and together form a whole. In a dead world, things are juxtaposed and cancel each other out. The natural order is broken up to make way for an artificial order that incorporates the living.

To the extent that the original cycles and rhythms disappear, we are deprived of what makes us human: our creativity. While women and men are becoming increasingly sterile and the two biological sexes are considered politically incorrect, we have gone from being a human being to being a person, from being a resource to being an administrative object.

Transgender, genderqueer, genderfluid, woke? In a confusion that is hard to keep track of, we are inevitably losing our innate life-creating power. Instead of bringing forth new life, there are decals from the laboratory. Finally, with artificial intelligence, we are entering an age in which humans are obsolete.

## Finger off the trigger

It is the distortions in our minds that make this destruction possible. Nobody forced us to do it. We have done it voluntarily. Voluntarily we have adopted a worldview in which the living is increasingly obliterated. Voluntarily, we believe that lasting peace is not possible and that humanity's greatest problems are carbon dioxide and overpopulation.

Thus, we have become easy prey. We are content to feed our enemy images and do not stand up when injustice happens around us. It takes the uncritical masses to drive humanity into total dependence and ultimately into their own destruction. If the masses stay still, as they have done in recent years, the game is lost for them. However, if we remember who we actually are, we can move on.

We are more than persons, more than masked figures, more than personnel. We are human beings, creative beings who shape the world as they want it to be. Whether consciously or unconsciously, our thoughts, desires, feelings, beliefs, visions shape our reality. This gift to us is at the same time our greatest challenge. Accepting it means taking our finger off the trigger and consistently returning to ourselves.

## Courage

Whoever is ready for this leaves the comfortable nest from which he judges others. He takes the threads of life in his hand, which converge with him, and surrenders to the natural order of things, in which the complementary opposes each other. He is no longer available for global annihilation but creates the conditions for us to come together again.

That takes courage. We can see how much by the amount of people who make all kinds of excuses not to start with themselves. They prefer to get excited about others. So they

remain trapped in their anger, in their fear, and in their powerlessness. They are stuck in their accusations and do not have their hands free. They do not get access to their own creative power and remain a found food for those who continue to push the destruction. Not the one is courageous who goes into battle. Courageous is the one who overcomes his atavistic urges of revenge and retaliation.

Mahatma Gandhi opposed the English military with civil resistance, virtually a social defense without weapons. When an English army appeared on a battlefield, there was simply no opponent. He was successful. Jesus Christ, in the Sermon on the Mount, recommended breaking the spiral of violence by each looking at himself and his faults without projecting them into the alleged enemy.

## Coming home

He who works himself off on others is not with himself. In a sense, he is out of himself. While his attention lies where he can't change anything anyway, others can occupy him and do whatever they want to him. We can see what this looks like in the conflicts, wars, and divisions in our world. No matter how much we pretend to want peace, we don't get it.

If, on the other hand, you are willing to take personal responsibility and feel your way into your own darkness, into your own shadows, instead of seeking them out in others and denouncing them, you can really make a difference.

Even if there is war around him, he can create peace within himself. By no longer using others as a projection screen for his own faults and weaknesses, the world around him can become brighter.

He who returns to himself lights a light that can be seen from afar. He no longer darkens his surroundings with his thoughts of revenge and retribution but begins to shine from within himself. This light does not need the darkness. It can exist even without anyone opposing it, an expression of unlimited freedom to make the world a place of peace.

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